

## For a Fit & Healthy Town

- Outdoor Blessings
- Yoga Stretch and Breathology
- Chi Movements
- Learn about Food Co-op & Fresh Produce
- Get Garden Tips
- Meet your Neighbors

PLEASE WEAR MASKS OR FACE COVERINGS

## You are INVITED to the "High Tunnel Garden" Ribbon Cutting Ceremony

DATE: Saturday, April 17, 2021

**TIME:** 2:00 to 4:00 p.m.

PLACE: On The Hill, Bayou Avenue (seen from Emmitt & Capitol Heights Blvd.)

Also attend on ZOOM: Meeting ID: 935 4508 3727; Passcode: GARDEN



Sponsored by the COMMUNITY HEALTH & ENVIRONMENT COMMITTEE (CHEC)

Chair, Councilwoman Elaine Williams Town of Capitol Heights, MD For more information call (301) 336-0626

